



EDUCATION PATHWAYS

SLINGS MYOFASCIAL TRAINING®

SLINGS DIPLOMA CURRICULUM

Course Formats

Formats can be mixed and matched

ADVANCED LEVEL

Additional Note: Slings BodyReading & Movement Strategies can be completed any time after Slings in Motion Blend or Slings in Motion I

- Slings Diploma
- Slings Teaching
- Slings in Motion III
- Slings in Motion II
- Slings BodyReading & Movement Strategies

Diploma Advanced Level



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Face-to-Face Course

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Live Online Course

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Self-study Online Learning Course

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FOUNDATION LEVEL

Additional Note: The Slings Online Theory Assessment can be completed any time before the Slings Diploma; we recommend completion after Slings Essentials. Slings Coaching is an optional module.

- Slings Coaching
- Slings in Motion I
- Slings in Motion Blend
- Slings Online Theory Assessment
- Slings Essentials
- Anatomy Trains In Motion

Certificate Foundation Level



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SLINGS SHORT SERIES

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PREREQUISITES

Certification in a movement modality or a related field of health and bodywork.