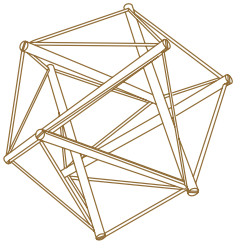


12 FASCIAL MOVEMENT QUALITIES

1. Tensile Strength



2. Muscle Collaboration



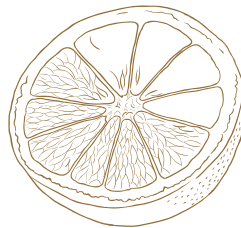
3. Force Transmission



4. Adaptability



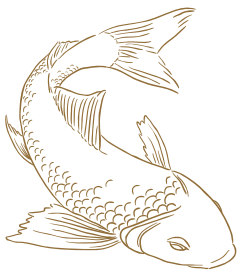
5. Multidimensionality



6. Fluidity



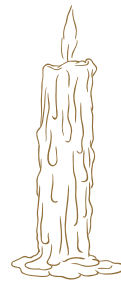
7. Glide



8. Elasticity



9. Plasticity



10. Tone Regulation



11. Kinaesthesia



12. Imponderability

