



PILATES EDUCATION SCHEDULE WESTERN AUSTRALIA 2009

PILATES MATWORK CERTIFICATION PROGRAM

Early Bird Rate 31 days prior to course commencement

Pilates Pre-Training			Regular Rate	Early Bird
Pilates Anatomy	9am-5pm	4 th July 2009	\$300	\$270
Pilates Matwork Certification Courses			Regular Rate	Early Bird
Remedial Pilates I Postural & Movement Assessment	9am-5pm	5 th July 2009 and 9 th August 2009	\$600	\$540
Pilates Essentials	9am-5pm	18 th , 19 th , 25 th , July, 1 st and 2 nd August 2009	\$1500	\$1350
Pilates Flow	9am-5pm	26 th , 27 th and 28 th June 2009	\$900	\$810
	9am-5pm	4 th , 5 th and 6 th September 2009	\$900	\$810
Pilates Matwork Certification Exams			Regular Rate	Early Bird
Theory & Practical Exam	9am onwards	4 th July 2009	\$300	--
Theory & Practical Exam	9am onwards	26 th September 2009	\$300	--

Pilates Matwork Certification Packages			Regular Rate	Early Bird
1st Certification Course 2009 Remedial Pilates I Pilates Essentials Pilates Flow	9am-5pm	22 nd February & 21 st March 2009 28 th February, 1 st , 8 th , 14 th and 15 th March 2009 26 th , 27 th and 28 th June 2009	\$2700	\$2500
2nd Certification Course 2009 Remedial Pilates I Pilates Essentials Pilates Flow	9am-5pm	5 th July & 9 th August 2009 18 th , 19 th , 25 th , July, 1 st and 2 nd August 2009 4 th , 5 th and 6 th September 2009	\$2700	\$2500

Pilates Matwork Certification Payment Options (Early Bird Rate 31 days prior to course commencement)

Course Module	Regular Price per Course Module	Early Bird Rate per Course Module	Regular Rate Certification Package	Early Bird Rate Certification Package	Payment Plan Course Package
Remedial Pilates I	\$600	\$540	\$2700	\$2500	6 x \$500 paid fortnightly
Pilates Essentials	\$1500	\$1350			
Pilates Flow	\$900	\$810			
Total Cost	\$3000	\$2700	\$2700	\$2500	\$3000
Exam Fee	\$300	300	\$300	\$300	\$300

art of motion training in movement EDUCATION SCHEDULE 2009

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Web www.art-of-motion.com

PILATES CONTINUOUS EDUCATION PROGRAMS

Pilates Matwork Continuous Education Courses			Regular Rate	Early Bird
Pilates Integration	9am-5pm	10 th , 11 th and 12 th July 2009	\$900	\$810
	9am-5pm	25 th , 26 th and 27 th September 2009	\$900	\$810
Pregnancy in Motion	9am-5pm	31 st October and 1 st November 2009	\$600	\$540
Pilates & Props I Pilates Roller	9am-5pm	26 th July 2009	\$300	\$270
	9am-5pm	27 th September 2009	\$300	\$270
Pilates & Props II Toning Balls	9am-2pm	13 th September 2009	\$210	\$190
Pilates & Props III Magic Circle	8am-1pm	12 th September 2009	\$210	\$190

Specialized Workshops & Seminars			Regular Rate	Early Bird
Tactile Cueing & Kinesthesia	9am-5pm	19 th September 2009	\$300	\$270
Functional Pilates Choreography	9am-5pm	20 th September 2009	\$300	\$270
Market your Pilates Knowledge	9am-2pm	30 th August 2009	\$210	\$190
	9am-2pm	29 th November 2009	\$210	\$190

PILATES REFORMER AND CONTINUOUS EDUCATION PROGRAMS

Pilates Reformer			Regular Rate	Early Bird
Pilates Reformer Essentials	9am-5pm	9 th , 10 th , 16 th and 17 th May 2009	\$1200	\$1080
	various	<i>Assessment:</i> 12 th July 2009	\$300	--
	9am-5pm	7 th , 8 th , 14 th and 15 th November 2009	\$1200	\$1080
	various	<i>Assessment:</i> 31 st January 2010	\$300	--

FITNESS AUSTRALIA REGISTERED PROGRAMS

Program Title	No of CECs		No of CECs
Pilates Essentials	15 – accredited	Pilates & Props – Pilates Roller	6 – accredited
Remedial Pilates I	Pending	Pilates & Props – Toning Balls	6 – accredited
Pilates Flow	14 – accredited	Pilates & Props – Magic Circle	6 - accredited
Pilates Integration	15 – recognised	Pilates Reformer Essentials	Pending
Pregnancy in Motion	15 - accredited		

CONTACT US

Course Coordinator: Lehane Vallejo
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LOCATION

South Perth Hall
Crn Angelo St & Sandgate St
South Perth WA 6151

MORE COURSES

Please visit the website or contact us directly for courses in other states and overseas

Thank you for your interest!

Karin Sharp-Gurtner

Principal & Educator

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